Thank you so very much, I have a lot to be thankful for from day to day. I am grateful that I am breathing on my own right now. I am appreciative that I can read and write whenever I get a notion to do so.

My husband has given me freedom to explore silence and separation. He is a good man and I love him.

The sons that I had are a blessing to my life, through them I get to experience once again all of the emotions that I went through when I was their ages.

I can be as creative as I want to on my job and I work with some amazing people.

I rarely socialize, but when I do, I am welcomed and pampered by folks who I adore.

I have a lot to be thankful for in my life and I give all the glory to my heavenly Father for all of these opportunities that have come my way.

My prayer is that all of the good people that I described above will also have the understanding that it takes to recognize and appreciate all of the special gifts that surround them from time to time.

The many lessons that I have learned from my experiences makes me more and more appreciative as time goes by.